

Divorce Recovery Louisville Workshop Information, 2024

Divorce Recovery Louisville announces its 42nd annual Divorce Recovery Workshop, to be held on four consecutive Sunday evenings starting February 18. The group's purpose is to help people rebuild their lives after the end of a committed relationship.

Dates: February 18 and 25, March 3 and 10
Time: 5:00 - 7:30 p.m.
Location: Crescent Hill Baptist Church, 2800 Frankfort Avenue, Louisville 40206
Cost: Free and open to the public
Childcare: Provided at no cost

Week I - February 18

Panel Discussion: Coping with Divorce and Separation
Presentation: Divorce 101: Navigating Life During and After Divorce

Week II - February 25

Presentation: Adult Children of Divorce: Jason and Kate Crosby
Presentation: Dealing With the "Unsolvable" Tracy Zerwekh
Presentation: The Spiritual Aspects of Divorce

Week III - March 3

Panel Discussion: The Legal Aspects of Divorce
with Family Court judges Joan Byer and Derwin Webb; Attorney Nichole Cook

Week IV - March 10

Panel Discussion: Restructuring Life as a Single Person
Presentation: Dating: When Will I Be Ready?
Michael Taylor, LMFT

All-volunteer and peer-led, Divorce Recovery Louisville was founded in 1982 and since then has helped many thousands of residents from Louisville and the region rebuild their lives after separation and divorce. While sponsored by Crescent Hill Baptist Church, the group is non-sectarian and self-governing. Our weekly meetings are open to all: we welcome participants regardless of religion, race, gender, sexual orientation, or role in the divorce.

For more information:

- Learn more about the group at www.DivorceRecoveryLouisville.org
- Reach the group by email at info@DivorceRecoveryLouisville.org
- Explore the group's Facebook page [@DivorceRecoveryLouisville](https://www.facebook.com/DivorceRecoveryLouisville)